

Lead can be found in unexpected places

Lead exposure is a known health risk. It's important to know what causes lead exposure, and how to reduce exposure for yourself, your family, and children in your care

Lead dust at firing ranges can be harmful

Lead particles form when the shot strikes the target, trap, or other surfaces. These particles can settle on your skin and clothing, potentially exposing you and your family to lead.

Here's what you can do about it:



Use lead-free ammunition or jacketed ammunition with a non-lead primer



Never eat, drink, or smoke in the range



Change your clothes and wash afterwards



Keep lead-contaminated laundry away from other laundry

Wild game and fowl may contain traces of lead

Hunting with lead shot can leave small amounts of lead in wild game and fowl. This can potentially be swallowed by people when they eat the meat, exposing them to a significant amount of lead.

Here's what you can do about it:



Use lead-free shot



Ensure no lead shot is left in the meat



If using lead shot, avoid damaged meat and trim around the wound channels

GET MORE INFORMATION ABOUT LEAD AT:

Manitoba.ca/leadaware

If you have further questions about lead exposure, contact Health Links — Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

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